

## Curriculum Topics Studied At Springfield

P.E.	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 7 CORE</b>	A rotation of the following topics/activities: Dance, gymnastics, badminton, netball, outdoor adventurous activities (orienteering), athletics, tennis, rounders, football, short tennis, cricket, rugby, basketball and table tennis.					
<b>Year 8 CORE</b>	A rotation of the following topics/activities: Dance, gymnastics, badminton, netball, athletics, tennis, health related fitness, rounders, football, short tennis, cricket, rugby, basketball and table tennis.					
<b>Year 9 CORE</b>	Badminton, football, basketball, dance, table tennis, short tennis, health related fitness, rugby, netball, athletics, cricket, rounders and tennis.					
<b>Year 9</b>	<b>Year 9 GCSE PE</b> Applied anatomy and physiology Movement analysis Physical training			<b>Year 9 Health &amp; Fitness NCFE</b> Unit 1 – Principles of health and fitness Unit 2 – Healthy lifestyles		
<b>Year 10</b>	<b>Year 10 GCSE PE</b> Use of data Sports psychology Socio-cultural influences			<b>Year 10 Health &amp; Fitness NCFE</b> Unit 3 – Preparing and planning for health and fitness Unit 4 – Develop a personal health and fitness programme		
<b>Year 11</b>	<b>Year 11 GCSE PE</b> Completion of personal performance analysis coursework Recap learning for previous topics and exam preparation.			<b>Year 11 Health &amp; Fitness NCFE</b> Completion of NCFE course E6 project		