



Week 1					
Weeks commencing - 7th January, 28th January, 25th February and 18th March					
	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN FROM THE KITCHEN	Pork Sausage with Mash & Gravy	Beef Lasagne	Roast Chicken with Roast Potatoes & Gravy	Chicken Curry & Rice	Fish Fingers with Chips
VEGETARIAN FROM THE KITCHEN	Macaroni Cheese	Neopolitan Pasta Bake	Toad in The Hole	Cheese & Tomato Wholemeal Quiche with Crushed Potatoes	Quorn Burger with Chips
VEGETABLES	Broccoli & Carrots	Green Beans & Cauliflower	Spinach & Carrots	Coleslaw & Sweetcorn	Peas & Baked Beans
DESSERT	(50%) Pear Crumble with Custard	Flapjack	Frozen Toffee Yoghurt	Apple Crumble	Chocolate Brownie
JACKET/DELI	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Salmon Mayonnaise, Baked Beans or Coleslaw	Cheese, <b>Salmon Mayonnaise</b> , Baked Beans or Coleslaw
CONCEPT BARS	Burrito Noodle	Curry Chicken	Pasta Chicken	Chicken Mac & Cheese	Fish & Chip
GRAB & GO	Bacon & Cheese Baguette Chicken Burger Mexican Rice Wrap Margherita Pizza Tomato & Basil Pasta Pot	Quorn Sausage Baguette BBQ Beef Bun Balti Squash Wrap Double Chilli Pizza Sweet Chilli Chicken Pasta Pot	Chicken & Stuffing Baguette Vegetable Burger Chilli Chicken Wrap BBQ Vegetable Pizza Vegetable Tikka Rice Pot	Brie & Cranberry Baguette Beef burger Spicy Quorn Wrap BBQ Chicken Pizza Sausage & Rice Pot	Bacon & Cheese Baguette Fish Finger Bap Hoi Sin Chicken Wrap Meat Feast Pizza Chicken & Sweetcorn Pasta Pot



Week 2					
Weeks commencing - 14th January, 04th February, 04th March and 25th March					
	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN FROM THE KITCHEN	BBQ Chicken with Rice	Beef Pasta Bolognese	Roast Pork with Roast Potatoes & Gravy	Turkey & Leek (Wholemeal) Pie with Potato Wedges	Battered Fish with Chips
VEGETARIAN FROM THE KITCHEN	Red Onion & Tomato Frittata with Salad	Quorn Meatball with Tomato Sauce & Pasta	Sweet Potato & Bean Ragu with Roast Potatoes	Cajun Vegetable Wrap	Quorn Frankfurter with Chips
VEGETABLES	Green Beans & Sweetcorn	Peas & Carrots	Red Cabbage & Broccoli	Fruity Coleslaw & Sweetcorn	Peas & Baked Beans
DESSERT	(50% Fruit) Peach Upside Down with Custard	(50% Fruit) Pear & Chocolate Sponge with Vanilla Sauce	Lemon & Courgette Muffin	Lemon Drizzle Cake	Jam & Coconut Sponge
JACKET/DELI	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Salmon Mayonnaise, Baked Beans or Coleslaw	Cheese, <b>Salmon Mayonnaise</b> , Baked Beans or Coleslaw
CONCEPT BARS	Burrito Noodle	Curry Chicken	Pasta Chicken	Chicken Mac & Cheese	Fish & Chip
GRAB & GO	Bacon & Cheese Baguette Chicken Burger Mexican Rice Wrap Margherita Pizza Tomato & Basil Pasta Pot	Quorn Sausage Baguette BBQ Beef Bun Balti Squash Wrap Double Chilli Pizza Sweet Chilli Chicken Pasta Pot	Pork & Stuffing Baguette Vegetable Burger Chilli Chicken Wrap BBQ Vegetable Pizza Vegetable Tikka Rice Pot	Brie & Cranberry Baguette Beef burger Spicy Quorn Wrap BBQ Chicken Pizza Sausage & Rice Pot	Bacon & Cheese Baguette Fish Finger Bap Hoi Sin Chicken Wrap Meat Feast Pizza Chicken & Sweetcorn Pasta Pot



Week 3					
Weeks commencing - 21st January, 11th February, 11th March and 01st April					
	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN FROM THE KITCHEN	Chicken Chow Mein (Noodles)	Cottage Pie	Roast Gammon with Roast Potatoes & Gravy	Lamb & Aubergine Moussaka	Fish Breaded with Chips
VEGETARIAN FROM THE KITCHEN	Neopolitan (Bean & Lentil) Pasta	Spinach & Lentil Dhal with Rice	Vegetable & Lentil Loaf with Roast Potatoes & Gravy	Vegetable, Bean & Cheese Quesadillas	Vegetable Lasagne with Chips
VEGETABLES	Carrots & Green Beans	Cauliflower & Peas	Carrots & Green Beans	Roasted Mediterranean Vegetables	Peas & Baked Beans
DESSERT	(50% Fruit) Apple & Berry Sponge with Custard	Jam & Coconut Sponge with Custard	Frozen Strawberry Yoghurt	(50% Fruit) Peach Crumble with Custard	Chocolate Muffin
JACKET/DELI	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Tuna Mayonnaise, Baked Beans or Coleslaw	Cheese, Salmon Mayonnaise, Baked Beans or Coleslaw	Cheese, <b>Salmon Mayonnaise</b> , Baked Beans or Coleslaw
CONCEPT BARS	Burrito Noodle	Curry Chicken	Pasta Chicken	Chicken Mac	Fish & Chip
GRAB & GO	Bacon & Cheese Baguette Chicken Burger Mexican Rice Wrap Margherita Pizza Tomato & Basil Pasta Pot	Quorn Sausage Baguette BBQ Beef Bun Balti Squash Wrap Double Chilli Pizza Sweet Chilli Chicken Pasta Pot	Gammon & Stuffing Baguette Vegetable Burger Chilli Chicken Wrap BBQ Vegetable Pizza Vegetable Tikka Rice Pot	Brie & Cranberry Baguette Beef burger Spicy Quorn Wrap BBQ Chicken Pizza Sausage & Rice Pot	Bacon & Cheese Baguette Fish Finger Bap Hoi Sin Chicken Wrap Meat Feast Pizza Chicken & Sweetcorn Pasta Pot